



Nepean Knights Minor Lacrosse Association  
Executive Meeting  
Thursday, Feb 26, 2026  
8:00pm  
Virtual



# Meeting Minutes

**Date:** March 26, 2026

**Time:** 8:01 PM – 9:12 PM

**Location:** Virtual

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## 1. Attendance

**Present:**

Marty, Brad, Jeff, Derek, Tanya, Jen, Ryan, Ashley, Russell, Craig, Kyle, Mike

**Absent:**

Debbie, Rob

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## 2. Call to Order

Meeting called to order at 8:01 PM.

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## 3. Approval of Agenda

- No formal agenda circulated.
  - Additional item added: **Junior B Sponsorship Request**
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## 4. New Business

### 4.1 Junior B Sponsorship Request

- Annual request for **\$1,500 sponsorship** to support team travel and operations.
- Sponsorship supports free admission for minor players.
- No financial concerns raised.

**Decision:** Approved unanimously (with one abstention due to conflict of interest).

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### 4.2 Approval of Previous Meeting Minutes

- Suggestion made to review minutes prior to meetings going forward.
- No objections raised.

**Decision:** Previous meeting minutes approved.

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## 5. Reports & Discussion

### 5.1 Social Media Policy (Brad)

- OLA policy prohibits individual team social media accounts.
  - Clarification needed on platforms like YouTube.
  - Plan to communicate policy to team managers.
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### 5.2 Email & Communication Policy

- Cannot use member email lists for third-party promotions (CASL compliance).
  - Alternatives discussed:
    - Monthly newsletter
    - Opt-in mailing list
  - Need for consistent policy on promoting external clinics/programs.
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### 5.3 Tournament Structure & Eligibility

- Issues with **girls teams being pre-ranked (A)** and unable to enter some tournaments.

- Plan to raise concern with OLA.
  - Discussion on tournament formats and ensuring participation.
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#### 5.4 Tournament Fundraising (50/50 Draw)

- Idea to run digital 50/50 using raffle platform.
  - Past legal concerns noted.
  - Further research required.
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#### 5.5 Registration Update (Jen)

- Current registrations: **404 (tracking toward ~700+)**
  - Refund process implemented (Google Form, \$35 admin fee retained)
  - Coaches to receive registration lists after upcoming weekend surge.
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#### 5.6 Tournament Planning (Ashley)

- Tournament fee submitted: **\$950**
  - Discussion on ensuring **minimum 4 games per team**
  - Potential collaboration with Black Bears:
    - Sponsorship
    - Swag
    - Player involvement
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#### 5.7 Conveners & Staffing (Kyle)

- Shortage of conveners (U9, U15)
  - Plan to re-post roles and recruit
  - Discussion on balancing coach/convener roles
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#### 5.8 Girls Program Updates (Tanya)

- Release rules clarification ongoing with OLA
- Schedule change to avoid soccer conflicts
- Focus on increasing competitive participation

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## 5.9 Equipment & Jerseys (Derek)

- House league jerseys approved and proceeding
- Reversible pinnies proposal (~\$6,000) pending updated quote
- Additional equipment (balls, nets) to be ordered

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## 5.10 Rule Changes (Jeff)

- Significant new rule changes (30+ updates) causing concern
- Training and clarification sessions planned
- Potential need for rink adjustments (restraining lines)

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## 5.11 Safety & Operations (Ryan)

- Proposal for **first aid kits at each arena (~\$300 total)**
- QR code signage for:
  - Code of conduct
  - Emergency Action Plans (EAPs)
  - Website access

**Decision:** Approved.

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## 5.12 Code of Conduct Update

- Updated version presented including social media considerations.

**Decision:** Approved.

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## 6. Additional Updates

- Hotel bookings for provincials averaging **~\$265/night**
  - City coordination ongoing for nets and facilities
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## 7. Adjournment

Meeting adjourned at **9:12 PM**

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## Action Items

- **Brad:**
    - Clarify OLA social media policy (including YouTube)
    - Assist with tournament postings/calendar
  - **Ashley:**
    - Confirm tournament logistics (games, rink availability)
    - Continue coordination with Black Bears
  - **Jen:**
    - Provide updated registration lists to coaches
    - Track refunds and registrations
  - **Tanya:**
    - Confirm player release rules with OLA
    - Retrieve historical release documentation
  - **Derek:**
    - Obtain updated quote for pinnies and shorts
    - Order house league jerseys and consumables
  - **Kyle:**
    - Re-post convener roles (U9, U15)
    - Follow up with applicants (e.g., Danny)
  - **Jeff / Russell:**
    - Attend rule sessions and report back
    - Clarify rink rule implementation needs
  - **Ryan:**
    - Implement first aid kits and tracking process
    - Finalize QR code signage
  - **All:**
    - Review new rules and prepare for season changes
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## Votes Recorded

1. **Junior B Sponsorship (\$1,500)**  
Approved (1 abstention)
2. **Previous Meeting Minutes**  
Approved
3. **First Aid Kits (~\$300)**  
Approved
4. **Code of Conduct Update**  
Approved